



# Edmund Park Newsletter April 2019

Hello neighbours and thank you to all of you who responded with positive comments about our first edition newsletter. It's been very encouraging and I've been so pleased that you had some fantastic ideas for future issues. If anyone has done something as a result of reading it in the newsletter perhaps you'd like to share it with us all.

One success that I know about is a group of mums who have set up a WhatsApp group and meet up. If you want to join them let me know and I'll pass your details on.

Unfortunately no one came up with a different name for the newsletter, as you can see, so the competition is still open. Let's have some ideas, otherwise I shall end up eating the prize, courtesy of ASDA.

## REQUESTS

Our requests this month reflect how fit we are, or would like to be.

One of our neighbours is still looking for a running buddy. A mature female with a pace of 10-11 minute mile.

From running to walking. Another one of our neighbours loves walking and is happy to walk with you if there's just one of you or a group. She particularly likes to power walk.

Contact me and I can pass your details on

## RECOMMENDATIONS

**Please note that we cannot verify the recommendations**

Caroline's Cleaning Service was recommended to us. Details: Caroline West 07804 9004668 [carolinescleaningservice2019@gmail.com](mailto:carolinescleaningservice2019@gmail.com)

A great gardener is Jonny Newton. He is competitively priced and there are amazing end results

Details: 01373 823264/07973 115570

If you want to see some of his handiwork knock on the door of Jane at 3 Bluebell Road and she will be happy to show you her back garden.

My comment about there not being a decent garden centre/nursery locally solicited a quick response from one of our neighbours. The Mead Nursery, at Brokerswood is an excellent find. They specialise in unusual plants and Steve and Emma, who run it, also have a stall at Frome Independent market.

<https://www.themeadnursery.co.uk>



## MEET A NEIGHBOUR

**The first in what we hope will be a regular feature**



Dinah Smith, moved to the estate with her husband Mark, in December 2017, after spending 10 years in Christchurch, Dorset. They share the house with Anna, an Italian lodger, and 2 cats, Rex and Seb.

They fell in love with the area after visiting their daughter Sammy and granddaughter Willow, who already lived locally. As Mark often works away from home, the weekends are important to them and the simplicity of owning a new house meant that they could spend more time enjoying time together, rather than doing DIY. The house also offered space for the growing family. Their son, Ben lives in West Sussex with his wife Jo, who is expecting their first child.

With a background in nursing, Dinah runs her own Natural Health business, through a passion for sharing her knowledge with others to help them make informed choices about their health through lifestyle choice and nutrition. After moving to the area, Dinah made a

conscious effort to get out and about and meet people, through exercise classes, networking and women's group meetings. I first met Dinah at a women's group, which my step daughter had started, and our friendship was reinforced by classes at Mojomoves in Frome and then coffee afterwards, once we'd stopped laughing!

A keen walker (especially power walking), Dinah also likes to relax by reading, doing jigsaw puzzles and spending time with Sammy and Willow with an annual pass to Longleat.

Her favourite film is Dirty Dancing and assures me it's not just because of Patrick Swayze, and she likes to listen to Chris de Burgh and Ed Sheeran.

**If you would like to be the next neighbour for Edmund Park to meet please let me know at [edmund.park.frome@outlook.com](mailto:edmund.park.frome@outlook.com)**

## PROPOSED NEW SCHOOL AT EDMUND PARK

I have no further details about the proposed new school apart from the fact that when I spoke to one of the site managers he knew nothing about any plans to build it. The site which has been ear-marked for the school and the NEAP (Neighbourhood Equipped Area for Play) is currently being used by Persimmon for storing materials. It isn't being built on – yet. According to my contact at Frome Town Council the roads will eventually be adopted by Highways when the estate is complete and once all snagging has taken place. The NEAP will go ahead regardless of whether the school gets built. This will offer a great community space for events.

**Entrance road from ASDA**



This map of the finished Edmund Park estate has been amalgamated from several planning applications. The white space in the middle shows the site of the proposed school and NEAP

## **RECIPE**

**A seasonal recipe to get you in the mood for Easter**



### **Hot Cross Bun and Butter Pudding**

40g soft butter      6 hot cross buns  
300ml double cream  
600ml milk      4 eggs  
100g caster sugar  
1 tsp vanilla extract  
apple jelly to glaze

### **Method**

Preheat oven to 160 C. Butter a large shallow oven proof dish liberally. Cut buns diagonally into slices and arrange overlapping in the dish.

Warm cream and milk together. Whisk eggs, sugar and vanilla together in a large bowl. Continue to whisk while adding the cream and milk mixture slowly. Pour over buns and allow to soak for 15 mins. Press buns down gently into custard.

Place dish in roasting tin and pour in enough boiling water to come half way up the sides. Bake for approx. 45 minutes, until set.

Remove from roasting tin. Heat apple jelly to dissolve then brush over lightly to glaze the dish. Serve warm. Mmmm



**Do you know....**



....anyone who thinks this is acceptable? It's bad enough that the road leading down to this lay by is littered and, quite often, full of dog poo but fly tipping is something else. The land is part of the estate and does not belong to ASDA and after bringing it to the attention of the developers most of the rubbish was removed.

So now we're on the rubbish theme ASDA has arranged a litter pick just for us on **Saturday April 27<sup>th</sup>** around the estate. They will be supplying litter pickers and plenty of black bags. If you'd like to get involved please meet at the **front of ASDA at 10:30am**. Bring gloves and wear sensible shoes. There are certainly 2 areas we've identified as needing a bit of work. The road going down towards ASDA and the part of the estate where the houses overlook ASDA. Please do come along. It will be a chance to meet each other and do something positive for where we live.

### **RAIL WORKS**

You've probably had a notice from Network Rail but just a reminder that overnight work (10pm to 8am) to upgrade tracks in Frome will take place every Saturday through to Sunday in May. As the work will involve heavy machinery there is likely to be some noise.

### **ELECTIONS**

Frome Parish (Town) Council and Mendip District Council elections will be on Thursday 2<sup>nd</sup> May. Our ward is Keyford. Polling stations yet to be decided.

### **WHAT A LOAD OF RUBBISH!**

**Another reminder about bin collection this**

**Easter (and Early May Bank Holiday)**



"I can never remember which bin day it is,  
so I just put them all out."

The Somerset Waste Partnership website indicates that there will be no collection on Easter Monday (April 22<sup>nd</sup>) but a collection the following day – Tuesday 23<sup>rd</sup> April. That will be for household waste and recycling **NOT** garden waste.

For the Early May Bank Holiday (6<sup>th</sup> May) there will be no collection on Monday but a collection the following Day – Tuesday 7<sup>th</sup> May. This will also be for household waste and recycling.

## Mendip Community Credit Union

*In these unstable times, with people often borrowing money with punitive rates of interest, Phil Gray, one of our neighbours has asked us to highlight the Mendip Community Credit Union. I checked out a few pay day loan sites for comparison and they had interest rates between 49.9% APR and 1294.1% APR. Terrifying but legal.*

The Mendip Community Credit Union was formed in Wells in 2000 and came to Frome in 2007. Today throughout Mendip it has 1,200 members who have saved over half a million pounds with the Credit Union. This money is being used at present to make over 450 loans to members needing to borrow funds. The MCCU has branches in Wells, Glastonbury, Street, Shepton Mallet and Frome. **The service point in Frome is open 10am to 12pm every Wednesday and Saturday in the Library.**

The Credit Union is run completely by volunteers, both at the service points and in the back office. Without wages to pay and with no buildings to rent or maintain all the interest earned by lending can be returned to the members as dividend on their savings. (There are some small amounts of expenses paid to volunteers).

100% of members' savings are protected by the Financial Services Compensation Scheme. Like all other credit unions, MCCU is

authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority.

The Credit Union is able to lend smaller amounts than banks whose minimum is usually £1k, which is useful if only £200 is needed to buy, for example, a washing machine. The interest rates are low starting at 6.2%, whereas, for example, the Provident has an interest rate (APR) over 500% and loan sharks even more. The types of loan available are always evolving to fit the needs of the members.

The 'hand-up' fund is targeted at helping people who need to borrow a relatively small amount of money for an urgent need, for example, to buy a bed or to pay a utility bill. Traditionally, the Government's Social Fund met these requirements, but many people are now ineligible and the fund also runs dry before the end of the financial year. People are generally referred to the credit union by the Citizens Advice Bureau (although existing credit union members facing real financial difficulty can apply directly – contact the credit union if you think you might qualify). Please visit the website: [www.mendipcommunitycu.org.uk](http://www.mendipcommunitycu.org.uk) or email [info@mendipcommunitycu.org.uk](mailto:info@mendipcommunitycu.org.uk) for further information

There is an answerphone service on Freephone 0800 622 6036

## WALK



This month's walk of 3 miles is around Nunney – a beautiful village with a castle, just over 3 miles south west of Frome.

Start the walk at the free car park up Castle Hill SP736457





**Walk through the gate into the open field** and follow the path to your right, through the arbour to the path junction and turn left.

Walk along a hedged pathway to an open field. Walk diagonally across this field down to Nunney brook. Do not cross the brook via the ford but go through a gate and then cross over the bridge, turn left so that the brook is on your left.



Walk some distance through the wood, and when you reach a bridge cross it and turn immediately right with the brook now on your right.

Eventually you will reach another bridge where you climb up the path on the left and then turn right and cross over the bridge. Climb up to some field gates and go through a kissing gate between them. Keeping the hedge on your right walk downhill to kissing gate.

Go through this, hedge on your left, until you see a kissing gate in the hedge.



Go through this and turn right, following the path around the corner of the field and carry on to a kind of crossroads of fields and tracks. Bear right with the hedge on your left and walk downhill. When you reach the bottom walk into next field and follow path diagonally upwards.





Go through a pair of kissing gates and walk to the left of this field with hedge on your left. After some distance go left through another kissing gate, hedge now on your right.



Go through 2 kissing gates to cross a lane and, keeping hedge on your right, walk to another kissing gate into a pathway between hedges. Carry on along this pathway, through a metal structure to an old kissing gate. Turn left to continue along the lane to another kissing gate on your right. Go through this into a lane, past large houses and on reaching the road turn left, then right into the village.

There are two options now depending on whether you want a drink or not. If not then walk between some houses on your right, before you reach the pub, and cross over a footbridge towards the castle. At the end of the footbridge carry straight on and turn right into Castle Hill and back to the car park.

Or if you do want a drink follow the stream on your right and walk to the George inn, on your left. Outside seating is next to the stream or through the pub into the garden. When you have refreshed yourselves walk on past the pub to the bridge. Turn right over the bridge and up the hill and back to the car park.

**If you have a walk that you can recommend please let me know and it can go into a future issue.**

Talking of walks, did you know that free guided walks around Frome take place from May to September on the second Sunday of the month? The walks leave at 2:30pm from the Round Tower, Justice Lane (adjacent to the Market Square) and are designed to give an understanding of the development of the history and economy of the town from its foundation in 685 AD by St Aldhelm, through the middle ages to the present day. There is special emphasis on Frome's listed buildings with their broad range of religious and vernacular architecture.

## WHAT'S ON?

Highlights from the entertainment scene in Frome include the following in April/May



**OVER 40+ CIDERS**  
WITH A BBQ + MORE GREAT FOOD  
**LIVE MUSIC**  
2 GREAT BANDS TBA  
ALL PINTS £4 £5 ENTRY + SBFS  
**SATURDAY 20TH APRIL**  
**CHEESE & GRAIN**  
[WWW.CHEESEANDGRAIN.COM](http://WWW.CHEESEANDGRAIN.COM) 01373 455420



Criers, Morris Men, and music all day. The festival will be opened at 11am by weather presenter Alex Beresford. £3:00 per adult, £1:00 per child. Free buses will run from Frome <http://www.mellsdaffodilfestival.co.uk/> for more information.

Easter Monday. It's their 40th anniversary this year and there's something for everyone - over 100 street stalls, food from around the world, kids' activities, a dog show, beer tent, Easter bonnet competition, teddy bear parachuting, tug of war, Town

**All about Eve** streamed from the West End to the Merlin theatre on May 1<sup>st</sup> 7pm. Starring Gillian Anderson and Lily James. Tickets from £10:50. 01373 465949



May 4<sup>th</sup> & 5<sup>th</sup> at the Silk Mill Studios and Gallery. All

profits will go to local charity We Hear You, who offer free professional counselling for those affected by cancer and other life-threatening illnesses.

**Chitty Chitty Bang Bang** at the Memorial Theatre, Frome. Tuesday 7<sup>th</sup> May to Sunday 12<sup>th</sup> May  
An eccentric inventor, Caractacus Potts sets about restoring an old racing car from a scrap heap with the help of his children, Jeremy and Jemima. They discover the car has magical powers but trouble soon occurs ..... Tickets from the Box Office 01373 462795 or book online [www.fmt.website/](http://www.fmt.website/)

Heads up for **Royal Bath and West Show** Wednesday May 29<sup>th</sup> to Saturday June 1<sup>st</sup>. Adult tickets are from £20 but children go free this year.

**And finally**

Don't forget we also have a website for information which isn't covered here, such as the history and geography of the area. Please take a look and let us know if you what you might like to see there [www.edmundparkfrome.com](http://www.edmundparkfrome.com)